

# Allegra's Ambition Newsletter

## June 2023

We have visited all the projects we are funding in the last few months. It is always an absolute privilege to spend time with staff from our partner charities and we have especially enjoyed meeting the young people they are supporting and finding out more about the impact of their work. We are delighted to be working with several new charities whose values and core mission fit with our own. Your continued support makes change happen. Thank you from us all.

### OUR NEW PROJECTS



The Wave Project <https://www.waveproject.co.uk/> engages young people through surfing and water sports to build self-esteem and positive mental health. We visited their project in Cornwall in April and watching a group of young people from the surf club braving the freezing waters for two hours with great enthusiasm was very inspiring! We were impressed with their model of service delivery, particularly the way young people are able to continue to participate once they have completed their therapy sessions, and with how many of the young people go onto volunteer with the charity. We are delighted to be contributing to their work.

Greatwood <https://www.greatwoodcharity.org/> runs therapeutic and educational programmes which support the development of wellbeing, mindfulness and inclusion through animal assisted learning, using retired racehorse. The work takes place in an idyllic country setting where young people spend time getting to know and learning how to take care of the animals. We visited them earlier in the year and have committed to

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supporting a new project which will deliver mental health wellbeing programmes to a total of 48 young carers from Wiltshire. We look forward to following their progress.



Football Beyond Borders <https://www.footballbeyondborders.org/> is another new relationship with a charity we have been following for some time. They use football to support vulnerable young people to develop self-esteem and social and emotional regulation skills. We are funding a series of reward trips for students who have successfully completed the programme and met their targets.

## OUR EXISTING PROJECTS



Ebony Horse Club <https://www.ebonyhorseclub.org.uk/> Our annual Ebony Day will take place on 27 July. For the 7<sup>th</sup> year we are inviting young people from Ebony Horse Club (Brixton) to come down to Hampshire for a day of riding and fun activities with a team of experienced riding instructors and volunteers. For many it is the first time they have ridden in the countryside. It is a great day out and one of the highlights of our calendar. To make sure every young person gets a chance to ride we need you to lend us your ponies. If you think you can help or would like to find out more, please get in touch.

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Bourne Academy <https://www.thebourneacademy.com/> We were thrilled to visit the Bourne Academy Outdoor Education Centre in early January. The site, which we last saw as an overgrown field, has been transformed and it was wonderful to hear from staff and pupils about the difference the chance to experience outdoor learning has been making. It was good to see students in action on the outdoor gym and warming up around the firepit afterwards. We were also touched by the thoughtful signs acknowledging Allegra's Ambition's contribution to the project.

### Carneys Community

<https://carneyscommunity.org/k>

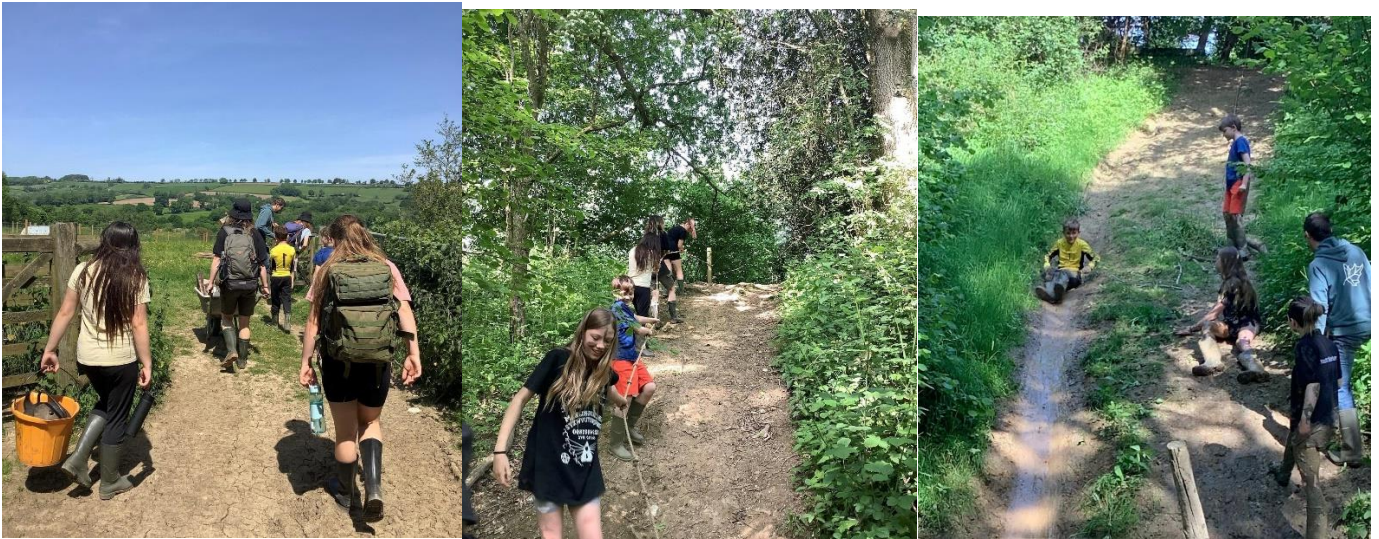
We had a great visit to Carneys earlier this month to drop in on a weekly boxing session that we are supporting. The warmth, engagement, trust and respect between staff and participants was fantastic to witness and the feedback from the staff and young people was, as always, very positive.



Magdalen Farm <https://magdalenfarm.org.uk/> This Summer Street Reach <https://www.winchesterstreetreach.org/>, Kids on Track <https://kidsontrack.org.uk/> and Youth Options <https://www.youthoptions.co.uk/> will all be taking groups of young people on breaks to Magdalen Farm with Allegra's Ambition's support for a third year. We are excited to hear about their adventures and will be sharing them with you via Instagram as well as through our newsletter.

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**Street Reach** <https://www.winchesterstreetreach.org/> We match funded a successful application by Street Reach to Hampshire County Council for a weekly drop in Youth Club for Winnall & Highcliffe from their new HQ in Winnall. The project allows Street Reach to start to become more available to young people by offering a range of drop-in sessions and daytime appointments that complement our existing projects. The Friday Football project is flourishing with numbers returning to pre-Covid levels.

**Winchester Sport and Leisure Park** <https://www.everyoneactive.com/centre/winchester-sport-leisure-park/>

We now have a signed agreement with Winchester Council for the outdoor gym. It will be installed on land adjacent to the Winchester Sport and Leisure Centre and will be a free facility available to all. It will be a fitting legacy project for Allegra who used to train with WADAC on the athletics track next door.



Finally a reminder that the Allegra's Ambition shop is always open. You can find it on our website here <https://www.allegrasambition.org.uk/shop> Our smart new navy and pink baseball cap is perfect for the Summer weather.

**Thank you as always for all your fantastic support. We are so grateful to every one of you. If you have any fundraising ideas or want to know more about what we do please get in touch.**

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