

Allegra's Ambition Newsletter

November 2023

The ongoing cost of living crisis has been having a real impact on the lives of people across the country but particularly the most vulnerable. We are very proud of the projects we are supporting that offer respite and hope to so many young people. We couldn't do this without you so, as always, a big thank you to all our supporters.

OUR PROJECTS



Magdalen Farm <https://magdalenfarm.org.uk/> for several years we have been funding residential breaks for groups of children at Magdalen Farm, an idyllic 132 acre organic working farm in Dorset.. This summer **Street Reach** <https://www.winchesterstreetreach.org/>, **Kids on Track** <https://kidsontrack.org.uk/> and **Youth Options** <https://www.youthoptions.co.uk/> all took groups of young people. Their trips were action packed with opportunities to make friends with the farm animals, pick food in the kitchen garden, build shelters and a campfire, orienteer, play in the mud and river and to roam through the fields. For many it is their first time away. The feedback from all our charities is always very encouraging. They talk about how valuable the experience has been for building confidence, learning new skills, adapting to a different environment, learning to work together and above all having fun. We are very proud of this ongoing partnership and grateful to everyone who make these visits so special.

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Charity No 1161667

Ebony Horse Club <https://www.ebonyhorseclub.org.uk/> Our annual Ebony Day took place on 27 July. It was lovely to welcome so many wonderful young people from Ebony. There were some new faces and old friends. Everyone got the opportunity to ride and to participate in a bushcraft session brilliantly run by Henry from the Allegra's Ambition Outdoor Learning Centre at <https://www.youthoptions.co.uk/>. A massive thank you to everyone who helped to make the day a success especially those who lent their ponies. We couldn't do it without you.



Greatwood <https://www.greatwoodcharity.org/> At the end of May two of our trustees went to visit our new Young Carers project run by Greatwood in conjunction with Youth Action Wiltshire. The programme aims to provide a day's respite break for Young Carers in Wiltshire 4 times a year to build self-esteem and improve mental health through "animal assisted intervention". The day involved mucking out, grooming the horses, riding on the jockey horse and feeding and playing with a number of smaller animals. It also provided a space for the young people to get to know each other and share their experiences. The feedback from the young people was very positive - "I have had an amazing day at Greatwood, "I loved the animals and time to chill", "Today has been the best day" and "I really want to go again if we can, can we?". It was wonderful to see first-hand the impact of the work and we hope to continue to support this programme moving forward.

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Youth Options <https://www.youthoptions.co.uk/> On a hot day in June the girls from Hopetoun House at Wellington College came back to visit Allegra's Ambition Outdoor Learning Centre. Last year the students built an outdoor wastewater filtration system which is working brilliantly. This year they chopped down a load of brambles and weeds and built a series of raised beds in their place. A big thank you to everyone who helped and to Wellington College for the amazing support it has given Allegra's Ambition over the last few years #girlpower #challengeyourself.



We are continuing to fund a weekly boxing session at **Carneys Community** <https://carneyscommunity.org/>, the Friday Football project at **Street Reach** <https://www.winchesterstreetreach.org/>, weekly riding sessions at Ebony for students from Sir Michael Tippett School in South London as well as supporting **The Wave Project** <https://www.waveproject.co.uk/>, **Jamie's Farm** <https://jamiesfarm.org.uk/farms/bath/> and **Football Beyond Borders** <https://www.footballbeyondborders.org/>

Winchester Sport and Leisure Park <https://www.everyoneactive.com/centre/winchester-sport-leisure-park/> Agreements have been finalised for the building of the Allegra's Ambition outdoor gym adjacent to the Winchester Sport and Leisure Park. Work will be starting next year. To keep up to date with all news about this and all of our projects do follow us @allegrasambition on Instagram and Facebook.

FUNDRAISING

We are always so touched when people fundraise for us, and we are grateful for all your donations big and small.



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We are in awe of Josie who qualified for and competed in the IronMan World Championships in Hawaii last month. She came an incredible 7th in only her 2nd ever Ironman – a remarkable achievement. She carried Allegra's Ambition logo on her vest around the course – Allegra would be so so proud of her friend, and we hope she enjoyed doing it alongside Josie.

A big shoutout to Ted and all the members of Hampshire Hunt Mini Pony Club who sold sweets at Pony Club Camp raising a fantastic £70.

A massive thank you to two of Allegra's old classmates who bravely (or crazily) jumped out of an aeroplane on a skydiving adventure to raise an incredible £1,300 for us. Thank you for remembering Allegra - what an achievement!

Thank you so much to Julie and the Mapperton Estate for raising money for us at their fabulous annual Autumn plant fair.



THE GRANGE
HAMPSHIRE

A Makers' Sale of Work

30th November 9am-3pm
The Winery, Alresford Road, Itchen Stoke,
Alresford SO24 0QW



Cushions, cards, blankets, baskets, rings, books, waistcoats, wrapping paper, flowers, chocolate, decorations, mugs, magnums and more

Including Laura De La Mare, Fungus&Mold, Sarah Tyssen, Eland Books, Beyond the Barn, Camilla Dinesen, Izzy Letty, The Silo Collection, Winchester Cocoa Co, Louise Brown, Institches, Francheska Pattison, Acre&Holt and The Grange Wine

With food by Becca Cooper

Entry is free with donations on the door for Allegra's Ambition

If you are looking for a Christmas Shopping opportunity do visit [The Maker's Sale](#) on 30 November at

The Grange, The Winery, Alresford Road, Itchen Stoke, Alresford SO24 0QW.

Doors open from 9 – 3pm.

There will be a wide array of hand-crafted merchandise on sale from cushions, cards, blankets, rings, books, flowers to magnums and chocolates.

Donations on the door to Allegra's Ambition. Thank you for choosing us.

Finally. don't forget to check out our online shop. Our beanies and baseball caps make excellent stocking fillers. Any questions please contact us.

Thank you as always for all your fantastic support. We are so grateful to every one of you. If you have any fundraising ideas or want to know more about what we do, please get in touch.

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